



# The Midpointe

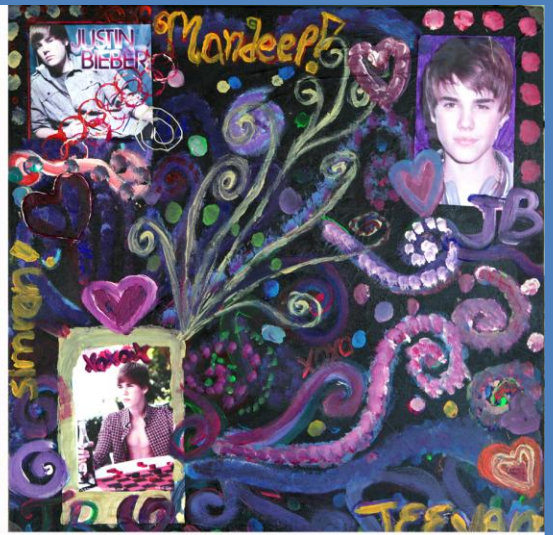
News and opinion for Southpointe Academy Families

## April 28, 2011

In this issue:

- School News
- "Spring Fair"
- MYP News
- Sports Information & Calendar
- Upcoming Events Calendar

## ART SHOW



# Walk Our Halls

**Exhibitions:** April 26 - May 7  
May 10 - May 20  
May 26

Grades K - 5  
Grades 6 - 7  
Grades 8 - 12

**Reception : Thursday, May 26 - 7:00 PM**



## NEW BUILDING UPDATE

"Keep a look out for next week's pictures with the  
**"INSIDE STORY!"**



# **SOUTHPOINTE ACADEMY'S**

# Spring<sup>2011</sup> Fair



**Saturday, May 7th  
10:00 a.m. - 3:00 p.m.  
[www.southpointeacademy.ca](http://www.southpointeacademy.ca)**

# SPRING FAIR



Many thanks,

First and foremost, thank you all for contributing to the Spring Fair event in many ways (volunteering, donating, encouraging your child(ren) to volunteer, raise pledges, and attending the Fair etc.)!

The list of volunteers is now arranged. You will be receiving a phone call or email to confirm your volunteer time and booth/area where assistance is required. Thank you all for helping with what will be a fun, stimulating Southpointe event!

On **Tuesday, May 3<sup>rd</sup>**, from 2:00-3:00 p.m. at Imperial Park Village, all faculty and students will be participating in a run, "Spring into Motion," in support of our upcoming Spring Fair. Thank you to those who have begun helping their children to raise pledges. Each class that raises \$500.00 collectively, will win a Subway lunch c/o the Dhanda's!

Also, a parent volunteer from each class would be of great assistance to help out with this event. Please let your homeroom teacher know if you are available on this day (it will be from approximately 1:50-3:15 p.m.) Students are to wear their island colours/P.E. attire on this day to show their school spirit!

**Baked Goods:** Our General Store, Tea Room and the Cake Walk are all areas that require some good wholesome homemade baking. If you are able to help make some baked goods for the Fair, please contact Susan Kirkwood ([susan.kirkwood@spacademy.ca](mailto:susan.kirkwood@spacademy.ca)) prior to May 3rd. Our school recognizes the responsibility for food preparation and handling within Food Safety guidelines and has therefore attached a list of examples of acceptable items for the bake sale. In addition, we require all items to be 'nut-free!' (Drop off time & location for the food items will be provided by Susan).



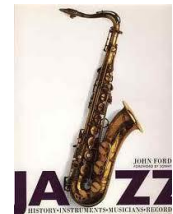
Thank you, in advance, for your kind contributions.



**Garage Sale Drop-off:** This weekend you can rid your home of items you no longer require. One person's junk is another person's treasure...On Saturday, April 30th and Sunday, May 1st between the hours of 12 p.m.-4 p.m. please drop by the North Building of the school (Ms. Huber's room, lower level) to donate your items. Ms. Kathleen Fraser, Ms. Julia Common, Mr. David Scholefield, and Mrs. Lori

Weatherby will be waiting...

**Jazz Combo Band** will play famous tunes for their audience, by donation... A pre-selected list will be available to choose from on the day. Mr. Pekarski's selected performers will be available on the day of the Fair from 11:00 a.m.-- 1:00 p.m.



Ms. Huber



## Library News

The Scholastic Book Fair will run Thursday, May 5th, Friday, May 6th, and Saturday, May 7th. Your help is particularly needed on Saturday, May 7th, as the Book Fair will run in conjunction with the Spring Fair. Please let Mrs. Levitt know when you are available via email, or pop by the library and sign up for a time slot on the door. Many thanks for your support.

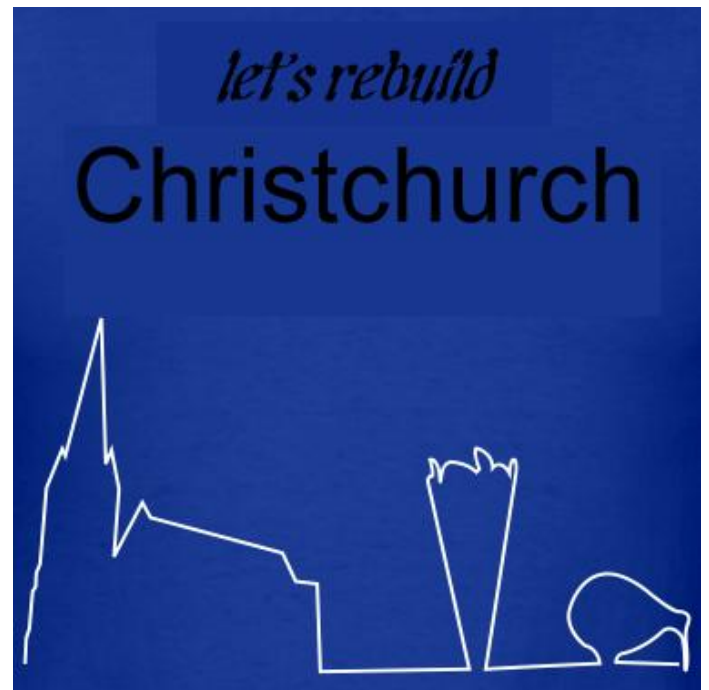


Mrs. Jessica Levitt

## “COINS FOR KIWIS”

When 23 Grade Nine’s travelled all the way to New Zealand for camp we were welcomed into the country with open arms. Our homestays and the people in the Oxford area were absolutely wonderful. And for those 10 days while we were there, we became part of their families. We became Kiwis, which is why we were all devastated to hear that Christchurch had been hit by a 6.3 magnitude earthquake just 2 days after we left.

The Grade Nine’s had visited the Cathedral square just a couple of days before the quake. All the craft markets, the famous trolley, and of course the cathedral that we had seen were all destroyed. For all of the 23 students that went to New Zealand, the February 22nd earthquake really hit home.



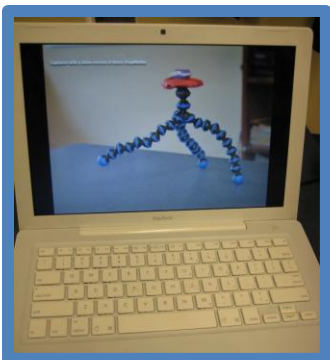
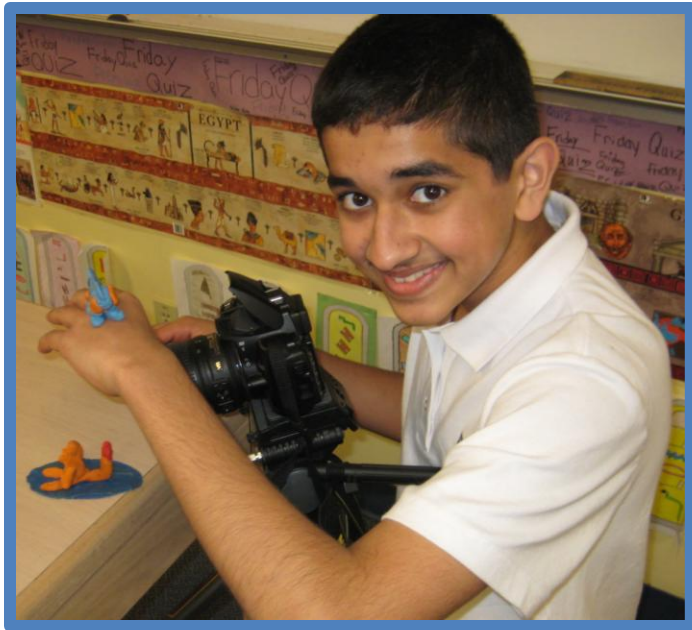
On **May 6<sup>th</sup>**, the Grade Nines will be holding a full day [7:30 am-3:00pm] bake sale called “**Coins for Kiwis**”. We will be selling a variety of donated baked goods which include everything from brownies to cinnamon buns [there will also be a selection of fruit for students who are allergic to dairy or gluten products]. Also be served are, hot chocolate, tea, and juice. All money raised will be sent to New Zealand to help all those who were affected by the earthquake. So come to the Educafé on Friday May 6th to help our Kiwi friends!

Submitted by Morgan Leung and Kathleen Jackson - Grade 9 Representatives



**MYP NEWS**  
**PICTURES FROM ALTERNATIVE PROGRAM WEEK!**





**MORE PICTURES TO COME NEXT WEEK!**

## "THANK YOU"

To all of the Families that contributed to the Vaisakhi "Pizza Lunch" for the entire school and staff. Your generosity was greatly appreciated!

Sincerely,  
Rupinder Gill

## And another thank you...

Well by now it is a wonderful tradition that the Vaisakhi Celebrations begin with a delicious pizza lunch delivered and served to us by a group of dedicated Mom's!

Thank you from all the Students and Staff for feeding us and teaching us about Vaisakhi!

Mrs. Common



*Deq Teg Jutahi, Panth Ki Juti!, Raaj Karega Khalsa*

### VAISAKHI

**DATE:** 1<sup>st</sup> Vaisakh (April 14 as per Gregorian calendar)

**IMPORTANCE:** The establishment of Rhalsa, Start of the Harvest season

**CELEBRATIONS:** Sikh Parades (Nagar Ritans), Prayers, Raising of Sikh Flag (Nishan Sahib), Donations for the needy.

Vaisakhi is an ancient harvest festival in the Punjab region, which also marks beginning of a new solar year and new harvest season. Vaisakhi is a Sikh religious festival. It falls on the first day of the Vaisakh month in the Nanakshahi (Sikh) calendar, which corresponds to April 14 in the Gregorian calendar.

Among Sikhs, it is one of the most important days they celebrate in commemorating the establishment of Rhalsa at Anandpur Sahib in 1699, by the 10<sup>th</sup> Sikh Guru, Guru Gobind Singh Ji. Vaisakhi is the day on which the Rhalsa (The Pure Ones) was born and Sikhs were given a clear identity and a code of conduct to live by. The momentous occasion was led by the last living Sikh spiritual teacher, Guru Gobind Singh Ji, who baptized the first Sikhs using sweet nectar called Amrit.

The particular significance attached to the occasion shows regional variation outside of Punjab too. Besides in Punjab, Vaisakhi is widely celebrated as a traditional harvest festival in many northern states of India.

Around the world at Vaisakhi time, Sikhs reflect on the values taught to them by their gurus and celebrate the birth of the Rhalsa with their fellow beings for the well being of the whole world.

## GOLF TOURNAMENT



**June 3, 2011 Friday**  
**The Southpointe Academy Bursary and Scholarship**  
We are looking for a BBQ, , Gift Cards, Vacations, and Electronics.  
Or simply donate Air Mile points so we can create great auction packages.

Get your team form in before the Spring Fair on May 7 and enter to win this lovely basket of goodies!



## **SPORTS INFORMATION**



### **A Journey to Boston.....**

On April 18<sup>th</sup>, I ran in one of the most famous road races in history, "The Boston Marathon"! I trained extremely hard over the past 6 months in preparation for this difficult race and was hoping to achieve a 2 hour 19 minute time in another marathon, which would have guaranteed an "elite entry" position in Boston (at the front of the pack). Unfortunately, I was unable to run that standard, but did manage to earn entry based on a previous qualifying time in October. After months of rigorous training, endless consumption of carbohydrates and powerbar gels, I was ready to set off and test myself at the prestigious marathon. Unfortunately, I caught the stomach flu on the way to Boston, which naturally affected my overall performance. I knew going into the race that it would be difficult, if not impossible, to run my best and tried valiantly to maintain my target pace early on. After passing the halfway mark in just under 71 minutes (on pace for a 2:22 marathon time), I slowed tremendously and suffered from severe stomach cramps that lasted the entire second half of the race. Towards the end of my race I was reduced to a walk/jog, but soldiered on to complete the 26.2 miles. Through persevering under very difficult circumstances, I learned a great deal from this experience and highly recommend everyone, to one day, participate in a marathon. I may try again to achieve my goal (2 hr. 19 min. time) at the Seattle Rock and Roll Marathon, or the Waterfront Toronto Marathon in the near future.

I would like to thank the tremendous support of the students, teachers, and staff who have encouraged me throughout my training and apologizes for, at times, seeming a bit aloof due to my intensive training sessions before and after school.

Final Result:

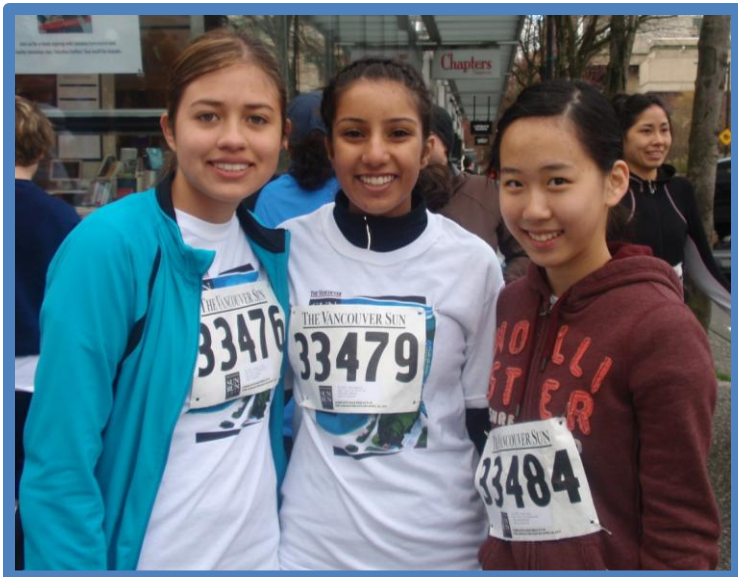
Finishing time - 2 hours 38 minutes (walking and limping the last 6 miles)

Overall finish - 188<sup>th</sup> out of 27, 000



Submitted by Tristan Simpson

## PHOTO'S FROM LAST WEEK'S SUN RUN



Congratulations to the Southpointe Sun Run team!  
(photos by Rosa Alejandre)



## GYM TRACK AND FIELD

Calling all athletes! Have you ever wondered what it feels like to compete in a 100 m sprint, 1500 m run, throw a shot put, or perform a long jump? If you are interested in trying it out, please speak to Mr. Simpson or Mr. McCall today! The Delta/Coquitlam District Track and Field meet is quickly approaching and is scheduled for Monday, May 2<sup>nd</sup> (3:30-5:20p.m) and Thursday, May 5<sup>th</sup> (8:30a.m. to 3:30p.m.). Athletes do not have to qualify for this meet and the deadline for signing up is Friday, April 29<sup>th</sup>. We have 8 athletes participating in the GVISAA Meet today at Minoru Stadium in Richmond and hope to increase those numbers at the district meet next week.



## FYP & MYP TRACK AND FIELD NEWS

The first track and field meet of the season, for Grades 3-7, is the Vancouver Olympic Club Elementary Meet. It will take place at UBC on **Saturday, April 30<sup>th</sup>** from 8:30 am to 6:30 pm. The deadline for registration for this event was Wednesday, April 27<sup>th</sup>. Students are reminded to keep track of their registration forms and to return them to the P.E office in a timely manner. The deadlines for the track and field meets are final; there is no "day of the race" registration for any athletes.

The University of British Columbia Track & Field Program is hosting the 2011 Vancouver Elementary Schools Championship Meet for Grades 4 and 5 on **Wednesday, May 4<sup>th</sup>** from 7:30 am to 4:30 pm. In addition, UBC is offering a second meet for Grade 6 and 7 the following week on **Wednesday, May 11<sup>th</sup>** (from 7:30 am to 4:30 pm). The registration deadline for these two meets is April 28<sup>th</sup> at 4:30 pm.

Another upcoming event on the schedule is hosted by the Norwesters Track & Field Club at Swangard Stadium in Burnaby. Our elementary team will be participating in this meet, on the second day of competition, on **Sunday, May 8<sup>th</sup>** from 9:00 am to 2:30 pm. Please pick up an information package and fill in your events by Friday, April 29<sup>th</sup>.

There is a lot going on in a short period of time, so please pay close attention to registration deadlines, if you wish your son or daughter to participate in any of these meets. If you have any questions or have missed a deadline and still wish your child to compete, please contact Mr. Simpson at your earliest convenience.

## SPORTS CALENDAR

***April 28 – May 11***



April 28 Thursday	GVISAA – Grades 8 – 12 Athletes – Track and Field Meet at Minoru Park in Richmond
May 2 Monday	3:45pm – Sr. Girls Soccer Game at Holly Park in Ladner
May 4 Wednesday	Select group of Grade 4 & 5 Track & Field Members to a Meet at UBC  Sr. Girls Soccer Playoff Game – details to be announced
May 5 Thursday	GVISSA Sr. Badminton Tournament at Bodwell School in North Vancouver
May 6 Friday	ISA Sr. Girls Soccer Tournament at SMUS in Victoria
May 9 Monday	GVISSA Sr. Girls Soccer Final Four at Meadowridge School in Maple Ridge
May 11 Wednesday	Grade 6 Track Team Members to UBC for Track Meet



## CALENDAR HIGHLIGHTS

***April 28 – May 11***

April 29 Friday	GYP AP Surge Week & MYP Program Alternative Week wrap-up.
May 2 Monday	8:00am – AP Chemistry Exam  Grade 4 – Mother’s Day Tea
May 3 Tuesday	Pm – “Spring into Motion” school run at Imperial Village Park
May 4 Wednesday	8:00am – AP Calculus Exam  3:30pm – Grades 6 – 12 Students to Earthwise Garden
May 5 Thursday	8:30am - Grade 4 Project Discover depart from the Church to Camp Capilano  Grade 7 Field Trip to Vancouver Museum and Earthwise Garden in the afternoon
May 5, 6 & 7 Thurs. – Sat.	<b>Scholastic Book Fair in the Library</b>
May 6 Friday	8:00am – AP European History Exam  12:00pm - Grade 4 Project Discover return to the Church for pickup  Grade 1- Mother’s Day Tea  Delegates & Students from Spain depart  <b>“Coins for Kiwi’s” – Grade 9 Full Day Canteen -</b> Proceeds to the Christchurch earthquake relief efforts.
May 7 Saturday	<b>10:00am – 3:00pm - “Spring Fair”</b>
May 9–11 Mon. – Wed.	Grade 5 Project Discover to Camp Summit, north of Squamish.
May 9 Monday	MYP Jazz Band to Kiwanis Festival at Kwantlen College in Langley.
May 10–13 Tues. – Fri.	Grade 8 Project Discover tour the Lower Mainland & Washington. State
May 10 Tuesday	Grade 7 Field Trip to Stanley Park.
May 11 Wednesday	8:00am - AP English Language & Composition Exam  8:30am – 10:30am – Grades 7 & 8 - Gauss Math Contests  3:30pm – Grades 6 – 12 Students to Earthwise Garden
May 12 – 14 Thurs.-Sat.	GYP Play “Gone Missing” in the School Courtyard